



KARE OnLIVE



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On TV and Online **WEEKDAYS AT 4PM**

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Body & Soul



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Resolve to donate Blood at KARE 11 on January 4th!

With the start of each New Year, many people look for ways to make the world a better place. You don't need a lot of money to make a difference in your community. You simply need to be willing to roll up your sleeve.

This year, resolve to become a blood donor. KARE 11 is hosting a blood drive for the American Red Cross. **Stop by KARE 11 on Friday, January 4, 2008. Donation vans will be on site from 1:00 - 8:00pm.**

Video

Appointments are NOT required but are appreciated. If you're a previous Red Cross donor, [click here](#) to set up an

appointment, enter sponsor code 6762. You can also call **1-800-GIVE LIFE**.

Most people are eligible to donate. We require that donors:

- be 17 or older;
- weigh at least 110 lbs;
- have a photo id with your name printed on it.

To learn more about donating blood, check out this Red Cross website: www4.givebloodgivelife.org